

I am proud to provide special services to the constituents in Connecticut's First Congressional District and I look forward to assisting you. If you are unsure on whether you reside in the district, please visit the [House of Representatives website](#) .

Here are some of the ways in which my office can assist you:

[Assistance with Federal Agencies](#)

Each year, my office takes on over 2,000 cases, in which every case is handled with the highest regard. Click here, if you have an issue with a federal agency that you would like me and my office to undertake on your behalf.

[Federal Grants Assistance](#)

If you represent a municipality or a non-profit organization, there are 27 agencies in the Federal Government that offer grants and loans. I can help facilitate the process by providing the resources and information needed to successfully navigate through the application process.

[Small Business Assistance](#)

My office can help small businesses in the right direction to find sought after advice and technical assistance.

[Flag Request](#)

I am pleased to assist constituents in requesting American Flags in memoriam or for special occasions.

[Washington DC Tours](#)

If you are planning a trip to Washington, DC, click here to find out how to request tickets to visit various DC sites, including the U.S. Capitol and the Library of Congress.

[Education and Student Aid Assistance](#)

I am committed to making higher education accessible and affordable. I can help you find ways to finance your education, acquire loans, and discover any benefits you may be eligible for.

[U.S. Service Academy Nominations](#)

In order to be considered for an appointment to a service academy, an applicant must have a nomination from an authorized nominating source.

[Internships](#)

Internships are available in both my Washington, D.C. office, and my Hartford district office. Interns will gain strong professional skills and valuable insight into the legislative process.

[Congressional Page Program](#)

Occasionally, my office sponsors a page for the Congressional Page Program. Congressional pages are high school juniors who live, work and attend school in Washington, D.C. for several months and play an important role in the life and work of Congress.

